

9th Annual Conference of Kerala Chapter ISAR



ISAR
KERALA CHAPTER

All Kerala ISAR Conference 2025

Organised by Kerala Chapter ISAR

Theme:
Innovation, Evidence and Ethics in ART

1 & 2 November

Kadavu Resorts
Kozhikode | Kerala

BROCHURE

WHERE NEW IDEAS MEET SCIENCE AND RESPONSIBILITY



Welcome Message

On behalf of the Organising Committee, it gives us immense pleasure to welcome you to the **9th Annual Conference of the Kerala Chapter of the Indian Society for Assisted Reproduction (ISAR)**.

This year's scientific programme is built around the theme "**Innovation, Evidence and Ethics in ART**", reflecting our commitment to advancing reproductive medicine with scientific rigor, surgical precision, and ethical responsibility.

The conference opens with three focused **pre-conference workshops**:

- Clinical ART 2025: Evidence, Innovation and Practical Pearls– practical protocols and decision-making for everyday IVF practice.
- From Gamete to Genome: Clinical Embryology Workshop– innovations and quality measures inside the IVF laboratory.
- Endoscopy for Fertility: See More, Do More – in collaboration with the **IAGE Kerala Chapter**, highlighting minimally invasive techniques that improve reproductive outcomes.

Together, these workshops will provide **intensive training for juniors** and **cutting-edge updates for senior practitioners**, ensuring that every delegate finds practical value.

We extend a special welcome to our **Embryologists, Clinicians, and Gynecologists**, whose teamwork forms the foundation of successful ART. Their combined expertise transforms science into success stories for countless couples.

We look forward to your active participation, vibrant discussions, and exchange of ideas as we learn, share, and grow together in the pursuit of excellence in assisted reproduction.

Warm regards,
Organising Committee

AKISAR 2025
9th Annual Conference, ISAR Kerala Chapter

Dr Paul PG
Chairperson
Kerala Chapter

Dr Fessy Louis T
Co-Chairperson
Kerala Chapter

Dr Parasuram Gopinath
Secretary
Kerala Chapter

Dr K U Kunjimoideen
Organising Chairperson

Dr Subash Mallya
Organising Secretary



Workshop 1: Clinical Reproductive Medicine

Saturday, 1st November, 2025 (9.00 AM - 4.15 PM)

Convener: Sandhya Krishnan Coordinators: Rejeesh S Ravi, Aravind R				
Time	Topic	Speaker	Chairperson	
9.00am-10.00am	Focus Lectures (12+3 min each)			
9.00am-9.15am	Personalizing Ovarian Stimulation in 2025 - what, when, for whom?	Jayalakshmi Suraj	Biju Pillai, Aravind R, Thasneem VA	
9.15am-9.30am	Trigger, Luteal & Rescue: Getting the LH right after GnRHa trigger	Karthika D Kumar		
9.30am-9.45am	Endometrial preparation in FET - Made simple	Anupama S		
9.45am-10.00am	Elective Oocyte freezing- Practical thoughts for Clinician	Jisha Varghese		
10.00am-12.00pm; 30min per station	Focused Round table stations (30 min/rotation)			
	Station A	Station B	Station C	Station D
	Advanced USG & Mapping	Trigger & OPU Logistics	Difficult Embryo Transfer & Mock Transfer	Male Factor Quick Wins for Clinicians
	AFC standardization; Stromal Doppler; Junctional zone in adenomyosis. Saline infusion Sonography Pearls; Endometrial pattern & ET catheter path planning. Video sessions.	GnRHa vs hCG vs dual trigger; LH testing windows; Rescue algorithms. OPU timing calculators; OHSS prevention day-by-day. Sample lab reports; protocol cards; OPU simulators (as per availability)	Cervical assessment, sounding, curved vs soft catheters; tenaculum/no-tenaculum. ET under US Guidance; Dealing with fibroids/retroversion/adhesions. ET simulators (as per availability), catheter set, US guidance video. Difficult ET escalation ladder.	SDF/DFI interpretation in the real world When to send for varicocele repair; Mapping TESE/Micro-TESE with the lab. Example semen reports; decision charts One-page male-factor algorithm for clinics without on-site andrology.
	Lead Faculties: Anupama R, Avani Pillai	Lead Faculties: Aby Koshy, Sandhya Krishnan	Lead Faculties: Fessy Louis, Ramgopal Pillai	Lead Faculties: Venugopal M, Athulya Shajan
12.00pm-1.00pm	De briefing Symposium 4 scenarios - 10min +5min each			
	Optimising Final Oocyte Maturation: Beyond the Trigger	Ramesh P	KK Gopinathan, Sheila Balakrishnan, Baiju PA	
	Thin endometrium on P+3 before FET: proceed, delay, or convert?	Vijayalakshmi Pillai		
	Two failed ETs + difficult cervix: catheter, sedation, and ultrasound tips.	Abhishek Radhakrishnan		
High SDF oligo-astheno: ICSI now, treat & defer, or test more?	Harikumar G			
1.00pm-2.00pm	Lunch			
2.00pm - 2.45pm	Edge-Case ART—What Would You Do? Consensus - Panel Symposium			
	Lean PCOS with prior OHSS on antagonist-PPOS vs mild stim?	Moderators: Baiju PA, Sangeetha DG Panelists: Reema Basheer, A Mathangi, Cicija K, Bijo Sam Abraham, Devendra B, Lakshmi Priya R, Ashna Aziz, Indira Vijayakrishnan, Shifa S		
	POR (POSEIDON 3) after two cycles-Duostim vs minimal + embryo banking.			
	Adenomyosis with heavy bleeding-medical shrink, surgery, or protocol tweak before FET?			
Recurrent biochemical pregnancy failures—luteal rescue vs embryo factor vs endometrium?				
2.45pm-3.15pm	Debate: Freeze-all should be the default strategy in contemporary ART. For: Shameema Anvar Sadath Against: Reshmy JR		Vijayalakshmi Pillai, Harikumar G	
3.15pm - 4.15pm	Five 'Guidelines Only' Micro-Lectures (10min+2min each)			
3.15pm - 3.27pm	PCOS in ART — what the latest international guidance actually changes	Usha Menon	Sekharan PK, Shameema Anvarsadath, Sabine Sivadasan, Deepa Menon	
3.27pm - 3.39pm	Male Infertility: ASRM & WHO Guidance 2024–25	Amar Ramachandran		
3.39pm - 3.51pm	Luteal Phase Support in ART: ESHRE/ASRM Consensus	Rajina EP		
3.51pm - 4.03pm	Fibroids and ART: ESHRE/ASRM Recommendations	Shyjus P		
4.03pm - 4.15pm	PGT Current Guidelines (ESHRE/ASRM 2023–24)	Vivek Vijayakumar		

Workshop 2: Clinical Embryology

Saturday, 1st November, 2025 (9.00 AM - 4.15 PM)

Convener: Feseena Seethi				
Coordinators: Vijesh VV, Thasni Mariyam Wahid				
Time	Topic	Speaker	Chairperson	
9.00am-10.00am	Focus Lectures (12+3 min each)			
9.00am-9.15am	Physiological versus Atmospheric Oxygen culture - Evidence, Benefits and Challenges	Thasni Mariyam Wahid	Prabitha Prabhakaran, Vijesh VV, Rejitha O	
9.15am-9.30am	Embryo Grading and Selection by Morphology - is it still the Gold Standard	Sunil G Nayar		
9.30am-9.45am	DFI TESTING in Real World - Indications, Pitfalls and Payoffs	Rahana TK		
9.45am-10.00am	Embryology KPIs, QA & Accreditation	Preetha PR		
Focused Round table stations (30 min/rotation)				
10.00am-12.00pm; 30min per station;	Station A	Station B	Station C	Station D
	ICSI Skill Lab	Vitrification/Warming Lab	Andrology Station	Embryo Biopsy & Add-Ons
	Hands-on sperm immobilization, injection, pronuclear checks. Simulations/Videos: fragile oocytes, large vacuoles, poor sperm. Output: ICSI competency checklist.	Oocytes & blastocysts: loading, warming, survival scoring. Scenarios: suboptimal warming temp, partial lysis. Output: Cryo media validation & warming timing card	Semen analysis (manual vs CASA). Sperm DFI basics. Testicular biopsy processing & tissue freezing. Sperm vitrification & recovery. Advanced sperm selection: MACS, microfluidics, PICSI. Output: Andrology decision tree (ejaculate vs testicular vs advanced methods).	Laser hatching demo & safety. Trophectoderm biopsy technique & equipment. Add-ons: embryo glue, assisted hatching, AI scoring—evidence vs hype. Output: PGT workflow & add-ons evidence traffic-light sheet.
	Lead Faculty: Renjith KR, Dhriya RB	Lead Faculty: Dhanya, Riya, Thasni Mariyam Wahid	Lead Faculty: Vijesh V V, Sajilesh V Krishna	Lead Faculty: Varsha Samson Roy, Shahin Aboobacker
De briefing Symposium 4 scenarios - 10min +5min each				
12.00pm-1.00pm	Fertilization failure after ICSI → rescue strategies	Feseena Seethi	Experts: Varsha Samson Roy, Sunil G Nayar	
	Interchanging of the freezing/warming kits - Practical issues	Krishna Priya		
	Cryptozoospermia with testicular tissue frozen earlier—retrieve, thaw, or repeat biopsy?	Surya Jayakumar		
	PGT/Add-ons: Mosaic/Non conclusive report from TE biopsy—transfer, freeze, or discard?	Dhanya Benoy		
1.00pm-2.00pm	Lunch			
Edge-of-Lab Decisions? Consensus - Panel Symposium				
2.00pm - 2.45pm	Unexpected heavy microbial growth in lab audit: discard embryos or monitor?	Moderators: Pooja Suresh, Sreesha Vishwam Panelists: Preetha PR, Jeena Antony, Helen, Shahin Aboobacker, Dhriya RB, Riya		
	Laser hatching before FET in thin zona embryos: when justified?			
	Storage Room Best Practices - Tank Safety, Inventory & Disaster Prevention			
	Oncofertility - Options & Best Practices ?			
2.45pm-3.15pm	Debate: Time-lapse imaging improves live birth rates and should be standard in all IVF labs For: Ann Isaac Against: Antony Tobin Thomas		Parasuram G, Surya Jayakumar	
3.15pm - 4.15pm	Five 'Guidelines Only' Micro-Lectures (10min+2min each)			
3.15pm-3.27pm	WHO 6th Edition Semen Manual (2021) – Key Takeaways for Embryologists	Aishwarya Ashok	Preetha PR, Sreelakshmi	
3.27pm-3.39pm	Vienna Consensus & Lab KPIs (2017, updates 2023–24)	Aswathi C		
3.39pm-3.51pm	Cryopreservation Guidelines (ESHRE/ASRM 2023–24)	Lakshmi S Udayan		
3.51pm-4.03pm	PGT Laboratory Guidance (ESHRE PGT Consortium 2023)	Ragi Priyesh		
4.03pm-4.15pm	Laboratory Witnessing & Traceability (ESHRE/ASRM 2022–23)	Prabitha Prabhakaran		

Conference Scientific Programme

Hall A | Saturday, 1st November, 2025

Time	Topic	Speaker	Chairperson
5:00 pm – 6:30 pm	Keynote Lectures (15+5min)		
5.30pm - 5.50pm	Artificial Intelligence in ART: Hype vs Hope	Sanjeeva Reddy	Fessy Louis, Rajina EP, Aby Koshy
5.50pm - 6.10pm	Expanding the Role of Hysteroscopy & Laparoscopy in ART	Paul PG	
6.10pm - 6.30pm	Lab Innovations Transforming IVF Outcomes	Varsha Samson Roy	
6.30pm-7.30pm	ISAR President's Oration	Ameet Patki	Paul PG, Kunjimoideen K U, Parasuram G, Subash Mallya
7.30pm - 8.00pm	Inauguration		
8.00pm - 9.30pm	Cultural Programme & Dinner		

Hall A | Sunday, 2nd November, 2025

Time	Topic	Speaker	Chairperson
9:00am – 10:00 am	Invited Lectures (10min each)		
9.00am-9.10am	Personalised Triggering and Luteal Support	Priya Narayanan	Venugopal, Sam P Abraham, Jitha Vineeth, Rejeesh S Ravi
9.10am-9.20am	Advanced Diagnostics & Lab Strategies in Male Infertility	Raiza Asharaf	
9.20am-9.30am	The Genetic Continuum in ART: Carrier Screening Through PGT	Aravind R	
9.30am-9.40am	Clinical Dilemmas in Adenomyosis & ART Outcomes	Damodar Rao	
9.40am-9.50am	IVF Lab Safety: Contamination, Traceability & Risk Management	Renjith KR	
9.50am-10.00am	Discussion		
10.00am-11.00am	Keynote Lectures (15min each)		
10.00am-10.20am	Endometriosis & Fertility: Critical Analysis of -first Approaches	Ashish Kale	Sathi Pillai, Vijayalakshmi Pillai, Raju Nair
10.20am-10.40am	Recurrent Implantation Failure (RIF): From big lists to a light algorithm	Sankalp Singh	
10.40am-11.00am	Refresh Study: Clinical Equivalence of Biosimilar rFSH vs Innovator Brand (Session Sponsored By Bhart Serums & Vaccines)	Aswini S	
11:00am – 11:45am	ISAR Kerala Chapter Chairperson's Oration Male Infertility: Breaking the Silence, Bridging the Science– KK Gopinathan	KK Gopinathan	Paul PG, Kunjimoideen K U, Parasuram G
11.45am - 12.30pm	Panel Discussion – Hot issues in Routine ART Practice.	Moderators: K Jayakrishnan, Reji Mohan Panelists: Ashish Kale, Alisha Shafjeer, K Revathi, Nisha S, Sharath P Devdas, Revathy Murugavel, Soumya Nair, Sreelakshmy R Nair, Celine A	
12.30pm - 1.00pm	Clinician–Embryologist Cross Talk Case-based rapid-fire: How We See the Same Problem Differently?	Sheila Balakrishnan versus Feseena Seethi	
1.00pm-2.00pm	Lunch		
2.00pm-2.45pm	Panel Discussion – Clinical–Lab Integration Panel: Topic: From Ovary to Embryo: Where Do We Lose Success?	Moderators: Parasuram G, Deepthi Surendran Panelists: Sankalp Singh, Ramesh P, Meera Balakrishnan, Sandhya Khushi, Aishwarya Ashok, Basima, Kripali Rai, Shreya Venugopal	
2.45pm-3.15pm	Debate: Should PGT-A Be Routinely Offered in India? For: Raghavendra Prasad Against: Raju Nair		Sheila Balakrishnan, Sivadas V K
3.15pm-4.15pm	Invited Lectures (10min each)		
3.15pm-3.25pm	Optimising Poor Ovarian Response: Evidence & Innovations	Indira Vijayakrishnan	Sandhya Krishnan, Priya Narayanan, Rabeeh V
3.25pm-3.35pm	The Endometrium Beyond Thickness	Sam P Abraham	
3.35pm-3.45pm	Mitochondria, Sperm DNA and Embryo Quality: Lab Advances	Elizabeth Mathew	
3.45pm-3.55pm	Automation & Digitalisation in the IVF Lab	Vijesh VV	
3.55pm-4.05pm	Premature Ovarian Failure - Evolving strategies	Sivadas VK	
4.05pm-4.15pm	Discussion		
4.15pm-4.30pm	Valedictory Function		

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Organised by Kerala Chapter ISAR

Theme: Innovation, Evidence and Ethics in ART



1st & 2nd November, 2025 | Kozhikode | Kerala

(Fill the Form in Block Letters Only)

(All the above fields are mandatory)

Gender : Male Female

Title : Prof/ Dr/ Mr/ Ms

ISAR Membership No.:

First Name Last Name

Institution

Correspondence Address

City Pin Code State Country

Mobile No. Email

Pre Conference Workshops

Saturday, 1st November, 2025

Choose Any 1

Workshop 1: Clinical Reproductive Medicine

Workshop 2: Clinical Embryology

Registration Fees

Category	Faculty Only	Regular from 11 th October to 25 th October 2025	26 th October Onwards & On-Spot
ISAR Member (Clinician)	INR 10000 <input type="checkbox"/>	INR 11000 <input type="checkbox"/>	INR 13000 <input type="checkbox"/>
ISAR Member (Embryologist)	INR 7000 <input type="checkbox"/>	INR 8000 <input type="checkbox"/>	INR 9000 <input type="checkbox"/>
Non ISAR Member (Clinician)	INR 12000 <input type="checkbox"/>	INR 13000 <input type="checkbox"/>	INR 14000 <input type="checkbox"/>
Non ISAR Member (Embryologist)	INR 8000 <input type="checkbox"/>	INR 9000 <input type="checkbox"/>	INR 10000 <input type="checkbox"/>
Single Day For Both Clinician & Embryologist (Please Select Your Preferred Day) <input type="checkbox"/> 1 November <input type="checkbox"/> 2 November	INR 5000 <input type="checkbox"/>	INR 6000 <input type="checkbox"/>	INR 7000 <input type="checkbox"/>
PG Students (Including Fellows)	INR 6000 <input type="checkbox"/>	INR 7000 <input type="checkbox"/>	INR 8000 <input type="checkbox"/>
Banquet Only (For One day Registrants & Accompanying Persons)	INR 2500 <input type="checkbox"/>	INR 3000 <input type="checkbox"/>	INR 3500 <input type="checkbox"/>

Note:

ISAR Membership Number is Required to avail ISAR member registration.
Certificate from HOD is Mandatory for PG Students.

The above fees is inclusive of 18% GST

Note: • This form is for offline registration only.

• A scanned copy of the duly filled registration form, along with the bank deposit slip or UTR number, must be emailed to akisar2025@gmail.com to complete the registration process.

• For online registration, please use the options provided at the bottom of the Registration Form.

Registration Inclusions:

- Access to Scientific Sessions
- Access to Exhibition Area
- Lunch & Tea/Coffee on Conference Days
- 1 Pre Conference Workshop
- Banquet Dinner on 1st November
- Conference Kit Bag
- E-Certificate of Participation

Mode of Payment

Draft/Cheque To be made in favor of “**Conferences International**”

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**Scan QR Code
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Registration Guidelines

- Delegate must bring a Registration Confirmation Letter at the time of registration
- Conference Registration is mandatory for all the delegates including children above the age of 5 years.
- Please ensure to wear a registration badge in the conference area.
- Please mention your registration number in all future correspondence with Conference Secretariat.
- Entry of the Accompanying Person may be restricted to certain areas at the conference venue.
- Accompanying Person Entitled for Food Coupons Only



Cancellation Policy

- Cancellation till 25th September, 2025 : 50% Refund
- Cancellation from 26th September, 2025 Onwards : No Refund.
- All refunds will be made after the Conference

To Register Online Visit: www.akisar2025.com

Conference Manager's



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